SYMPTOMS OF

TYPE 2 DIABETES

1. TOILET

Getting up often during the night to use the toilet



TEMPER

Losing your temper more than usual



FATIGUE

Always feeling tired



THIRSTY

Always thirsty and unable to quench thirst



EATING

Feeling the need to eat more



PAIN

Sharp pains in your toes and feet



SWEATING

Sweating more than normal, especially at night



GOUT

Signs of gout, pains in the lower leg, can be quite intense



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